Thursday, 2 April, 2020

14:00-18:00 Registration

18:00-19:00 Welcome Reception

Friday, 3 April, 2020

07:30 Registration

09:00-11:10 Plenary Session 1: Opening Session
Hall A
Chairs: Stevo Julius, Reuven Zimlichman, Rimvydas Slapikas

09:00 Greetings, Chairmen

09:10 Multiple Ways by Which Sympathetic Overdrive Endangers the Cardiovascular Health A
Stevo Julius, USA

09:40 TBA
Reuven Zimlichman, Israel

10:10 Cardiovascular Health and Nutrition: A New Religion Evolves
Thomas Unger, The Netherlands

10:40 Initial Hypertension Treatment. Current Guidelines and a Review of the Relevant Evidence
Andrzej Januszewicz, Poland

11:10-11:40 Coffee Break, Exhibition Visit and Posters Viewing

11:40-13:40 Plenary Session 2: Arterial Hypertension and Cardiovascular Aging
Hall A
Chairs: Januszewicz Andrzej, Laurent Stephane

11:40 From EVA to SUPERNOVA
Stephane Laurent, France

12:10 Early Cardiovascular Structural and Functional Abnormalities as a Guide to Future Morbid Events
Daniel Duprez, USA

12:40 Vascular Aging and Disease of the Small Vessels
Damiano Rizzoni, Italy

13:10 Is Blood Pressure Variability a Risk Factor for Cardiovascular Diseases?
Gianfranco Parati, Italy
13:40-14:30  Lunch Break, Exhibition Visit and Posters Viewing

14:30-16:10  Plenary Session 3: Hypertension and Sympathetic Nervous System  Hall A
Chairs: Thomas Unger, Bojan Jelakovic

14:30  Sympathetic Abnormalities in Prehypertension and Hypertension  
Guido Grassi, Italy

14:50  Hypertension Disorders of Pregnancy – a Major Cardiovascular Risk  
Alexander Prejbsz, Poland

15:10  Atherogenic Dyslipidemia, Cardiovascular Risk and Diabetes  
Manfredi Rizzo, Italy

15:30  24-Hour Blood Pressure Rhythms and Cardiovascular Outcomes: The Role of Age  
Paolo Palatini, Italy

15:50  Pharmacogenomics of Hypertension: Past Present and Future  
Brian Ryner, South Africa

16:10-16:40  Coffee Break, Exhibition Visit and Posters Viewing

16:40-18:00  Plenary Session 4: From Generation to Generation: Predisposition or Predestination?  Hall A
Chairs: Danuta Czarnecka, Peter Nilsson

16:40  Metabolic Disturbances in Offspring of Hypertensive Parents  
Peter Nilsson, Sweden

17:00  Show me your Genes! Cardiac and Vascular Structural Changes  
Agnieszka Olszanecka, Poland

17:20  Neural Modulation as the Result of Parental Imprinting  
Katarzyna Stolarz-Skrzypek, Poland

17:40  Impact of in Utero and Early-Life Conditions on Long-Term Outcomes  
Rasa Verkauskiene, Lithuania
Saturday, 4 April, 2020

07:30  Registration

08:30-10:30  Plenary Session 5: Hypertension and Arterial Properties  
Chairs: Carmel Mcenier, Ian B Wilkinson  
Hall A

08:30  Haemodynamic Determinants of Longitudinal Changes in Blood Pressure  
Carmel Mcenier, UK

08:50  Improving Risk Prediction in Borderline Hypertension with Aortic Stiffness Measurements  
Ian B Wilkinson, UK

09:10  Hemodynamics and Target Organ Damage in Prehypertensive Adolescents  
Mieczyslaw Litwin, Poland

09:30  The Search for Protective Factors in Individuals at High Cardiovascular Risk  
Peter M Nilsson, Sweden

09:50  What is New in PAD?  
Marianne Brodman, Austria

10:10  Proinflammatory Cytokines: Emerging Therapeutic Targets for Arterial Hypertension  
Mohammad Bassim, Iraq

10:30-11:00  Coffee Break, Exhibition Visit and Posters Viewing

11:00-13:00  Plenary Session 6: Session of Lithuanian Society of Cardiology. Novel Pharmacological Strategies for Residual Risk Reduction: Identifying Patients and Improving Outcomes  
Chairs: Jelena Celutkiene, Marius Miglinas  
Hall A

11:00  Novel Targets in Patients with HFrEF: Essential Messeges to Clinician  
Jelena Celutkiene, Lithuania

11:20  Expanding the Frontiers of Type 2 Diabetes: Cardiovascular Effects of SGL2 Inibitors  
Jonas Ceponis, Lithuania

11:40  Visceral Adiposity, Hypertension and Kidney Disease  
Marius Miglinas, Lithuania

12:00  TBD

12:20  New Era in Lipid Lowering Therapy  
Zaneta Petrulioniene, Lithuania

12:40  Management of Cardiovascular Risk Factors in Post ISCHAEMIA Era  
Rimvydas Slapikas, Lithuania
### 13:00-14:00  
**Lunch Break, Exhibition Visit and Posters Viewing**

### 14:00-15:40  
**Plenary Session 7: Diabetes and the Heart**  
**Chairs:** Pavel Hamet, Jadhav Uday  
**Hall A**

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
<th>Country</th>
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<tbody>
<tr>
<td>14:00</td>
<td>Prediction and Prevention of Cardiometabolic Complications in Typ2 Diabetes</td>
<td>Pavel Hamet</td>
<td>Canada</td>
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<tr>
<td>14:20</td>
<td>Diabetes and CV Risk Evaluation-Best Strategy in Clinical Practice</td>
<td>Jadhav Uday</td>
<td>India</td>
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<td>14:40</td>
<td>SGLT2 Therapy in T2D Patient with Metabolic Syndrome</td>
<td>Raz Itamar</td>
<td>Israel</td>
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<td>15:00</td>
<td>Cardio and Renoprotective Properties of Novel Antidiabetic Drugs</td>
<td>Bruno Watschinger</td>
<td>Austria</td>
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<tr>
<td>15:20</td>
<td>Obesity, Diabetes and Cardiovascular Disease. Cardiovascular and Renal Protection from Antidiabetic Drugs</td>
<td>Kotsis Vasilios</td>
<td>Greece</td>
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### 15:40-16:00  
**Coffee Break, Exhibition Visit and Posters Viewing**

### 16:00-17:20  
**Plenary Session 8: Precision Medicine – a Bridge to the Future**  
**Chairs:** Karoli Sablauskas, Gintare Sakalyte  
**Hall A**

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<tr>
<td>16:00</td>
<td>Dilatative Pathology of Ascending Aorta: Questions to be Answered</td>
<td>Vaiva Lesauskaite</td>
<td>Lithuania</td>
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<td>16:20</td>
<td>Pharmacogenomics to Tailor Drug Therapy: the Right Drug for the Patient</td>
<td>Vacis Tatarunas</td>
<td>Lithuania</td>
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<td>16:40</td>
<td>Artificial Intelligence in Cardiovascular Imaging Modalities</td>
<td>Arnas Karuzas</td>
<td>Lithuania</td>
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<td>17:00</td>
<td>Next Generation Sequencing in Cardiology</td>
<td>Karolis Sablauskas</td>
<td>Lithuania</td>
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### 20:00-22:30  
**Gala Dinner (Optional)**
Sunday, 5 April, 2020

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<tr>
<th>Time</th>
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<tr>
<td>07:30</td>
<td>Registration</td>
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<tr>
<td>08:30-10:30</td>
<td>Plenary Session 9: Hypertension and Organ Target Damage</td>
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<td>Chairs: Marcin Adamczak, Sverre E Kjeldsen</td>
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<tr>
<td>08:30</td>
<td>Prenatal Programming in Pathogenesis of Hypertension</td>
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<td>Marcin Adamczak, Poland</td>
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<td>08:50</td>
<td>TBD</td>
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<td>Sekib Sokolovic, Bosnia and Herzegovina</td>
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<td>09:10</td>
<td>Nonalcoholic Fatty Liver Disease and the Heart, Erol Cetin, Turkey</td>
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<td>Sverre E Kjeldsen, Norway</td>
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<td>10:10</td>
<td>Elastic and Stiffening Components of Pulse Pressure and their Effect on Outcome Differs by Age</td>
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<td>Michael Bursztyn, Israel</td>
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<td>10:30-11:00</td>
<td>Coffee Break, Exhibition Visit and Posters Viewing</td>
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<td>11:00-12:50</td>
<td>Plenary Session 10: Systematic Approach to Cardiovascular Disease Management</td>
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<td>Chairs: Gediminas Urbonas, Olivija Gustiene</td>
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<tr>
<td>11:20</td>
<td>Primary Prevention of Cardiovascular Risk in Lithuania – Results from EUROASPIRE V Survey</td>
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<td></td>
<td>Gediminas Urbonas, Lithuania</td>
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<td>11:40</td>
<td>Heart Failure Program in Lithuania</td>
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<td>Jelena Celutkiene, Lithuania</td>
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<td>12:10</td>
<td>Management of Acute Coronary Syndromes in Lithuania</td>
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<td></td>
<td>Olivija Gustiene, Lithuania</td>
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<td>12:30-13:30</td>
<td>Closing Session</td>
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<td>Pannel: Stevo Julius, Reuven Zimlichman, Rimvydas Slapikas, Thomas Unger, Laurent Stephan, Bojan Jelakovic</td>
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